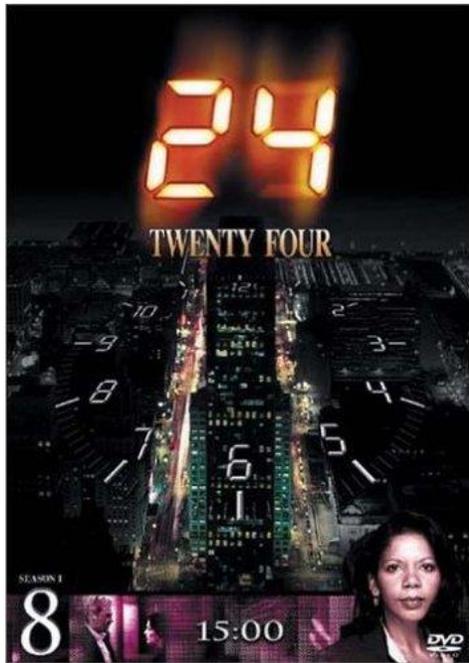


2019

# 解離性障害

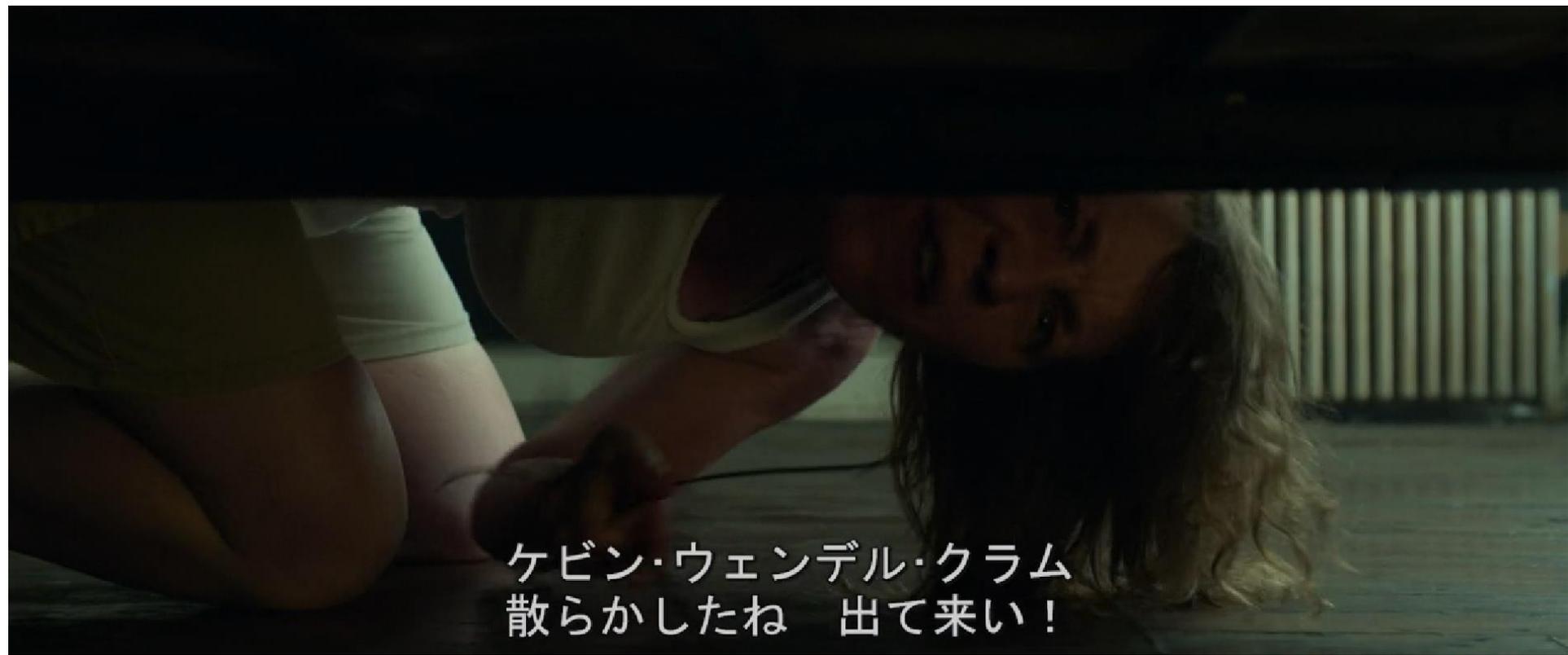


シーズン1の16話



自分の名前が思い出せない

「美しき無関心」  
(もうろう状態)



怯えさせる(心理的虐待)

# 分類

解離：意識から**精神機能**が解き離れる(意識の分離)

	離人症	解離性 健忘	解離性 同一性障害
特徴	意識から <b>身体感覚</b> が分離 ・離人感 ・現実感消失	意識から <b>記憶</b> が分離 ・選択的健忘 ・全般性健忘	意識から <b>人格</b> が分離 ・人格部分 (交代人格)
備考	・「幽体離脱」 	・「記憶喪失」 ・解離性遁走の有無 	・「多重人格」 

# 原因

個体因子	環境因子
<ul style="list-style-type: none"><li>・遺伝素因</li><li>・認知の偏り</li></ul>  A circular illustration of a young boy with black hair and a sad expression, looking down. He is wearing a grey shirt. The background is a vibrant scene with a rainbow arching over a green landscape and a blue sky with white stars.	<ul style="list-style-type: none"><li>・生育環境 愛着不全、過保護、虐待</li><li>・<b>ストレス</b></li></ul>  An illustration of a young boy with black hair and a sad expression, looking down. He is wearing a blue suit. The word 'ストレス' (stress) is written in large, grey, stylized Japanese characters above him. The background is white.

# 治療

環境調整	精神療法	薬物療法
<p data-bbox="359 558 912 689">・ストレスの対象を回避：休養、気晴らし</p>  <p>The illustration shows a person with black hair sleeping peacefully in a bed with a pink blanket. To the right of the bed is a red and yellow video game machine with a screen and a joystick.</p>	<p data-bbox="978 558 1391 689">・認知行動療法 ・自律訓練法</p>  <p>The illustration shows a person with black hair sitting in a meditative pose on a green mat. They are wearing a blue t-shirt and dark shorts, with their eyes closed and hands resting on their knees.</p>	<p data-bbox="1600 558 2168 689">・抗不安薬 ・抗うつ薬：SSRI、SNRI</p>  <p>The illustration shows a white medicine bag with a blue label. Above the bag are two pills: a white round pill and a red and white capsule.</p>

# 起源

